



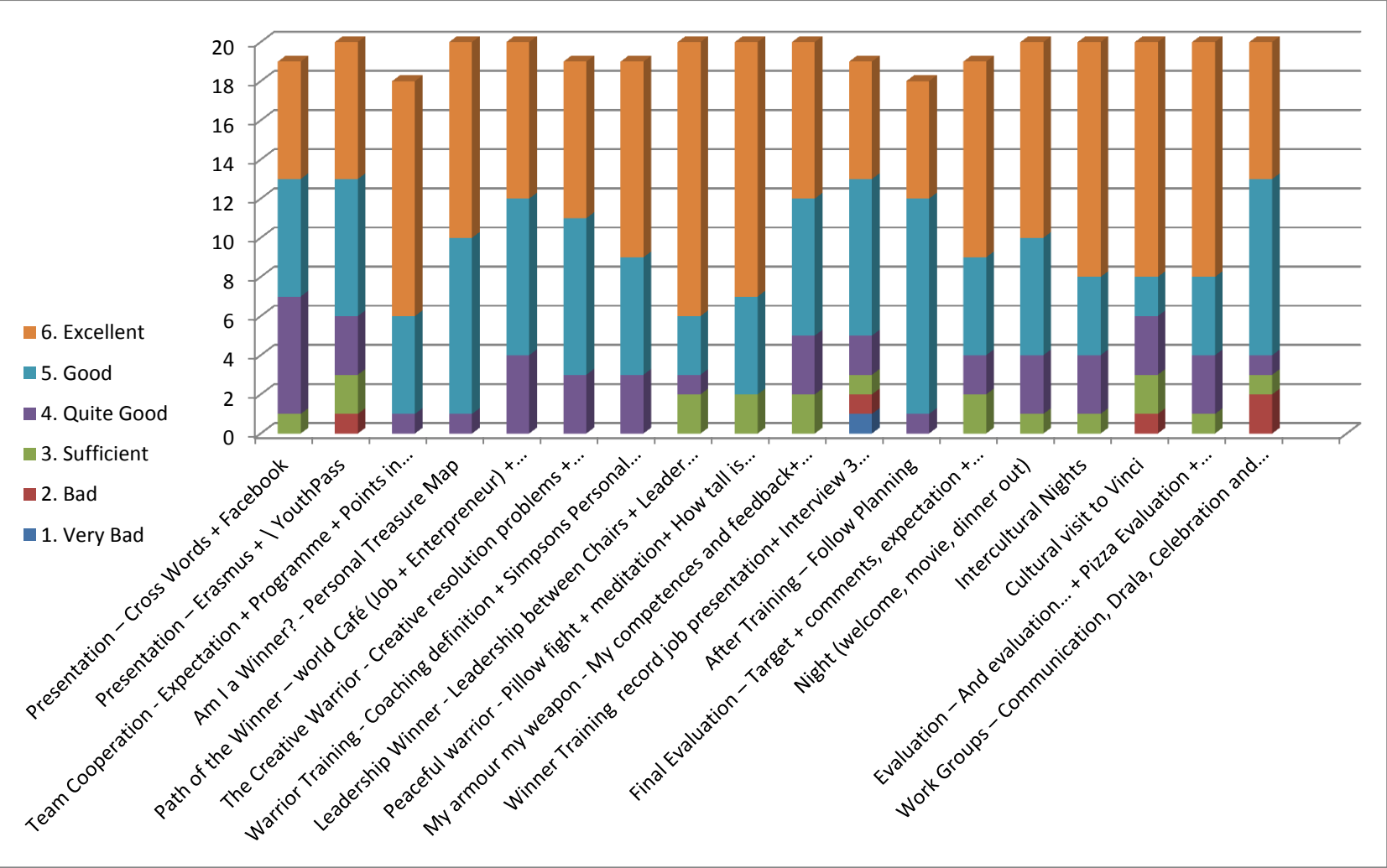
Final EVALUATION - From Participant Questionnaire



Training Course *WOW – Winners On Work*

Vinci, 19th – 26th September 2014

How do you evaluate the ACTIVITIES? 1.Very bad 6. Excellent



PART I – Activities

1. Activities I like more.

Trusting Game 4

Meditation 3

Peaceful warrior 2

Some workshops, presentations

Record Job presentation, Path of the winner, Treasure map, - I liked daily photos on the wall and the diary of the winner is a great idea. I suggest to do it again in next projects

Simpson Personal test 3

Creative competition

Outdoor Games

The leader with the blind people 5

Wheel of motivation 2

reflection time

Personal treasure map

Self-analysing

Chairs 2

The dice

Morning Activities when we had the circle

All the games were fun

Facebook

Crosswords

Take a video about us (CV)

4 parts of group for the whole week to care

Forum Theatre

Creative Part 2

Pillow fight

How tall is Alfred

World Café

Leadership winner

2. I remember THAT special activity because.....

Was very interesting for me, new experience

Time of informal discussions

Feel me be in myself. Freedom. Self-confident

Visiting Vinci- coaching

It was funny and I learned from it

Meditation because permit to me to organise my feelings

Record job presentation let me know how hard is to talk in front of many people in different languages

I empowered myself and achieved a personal development by analysing weakness strong points

Leader with blind people: because it was funny, creative and afterwards we reflected in a constructive way to improve leadership

Personal Treasure Map: I had the opportunity to find the optimal way to describe and organize my life

To be honest nothing I liked all

Wheel of motivation is a tool to motivate people and me

Leadership: because I enjoyed the time under the sun with my mates.

Simpson Test: Made me realise more about myself

When we had to write all what we knew about Erasmus+ it was a little stressing because was the first one and even if we didn't know each other, it was good to work with them

Also the meditations and stress managing were special and I will never forget

Forum Theatre: because everybody went in and it was full of playing, laughing, action, spontaneity! Great!

I get rid off all my bad stuff, felt better to remember my best moments here and in my life

Team work/Chair game- because I felt part of a real group. All of us cooperate to achieve OUR goal

Record Job interviews: because it takes me out from my comfort zone...but I liked it

Leadership: I have discovered some characteristics that I didn't realize that I had before

Entrepreneur interview: it was useful and fun

3. Activities I disliked or liked less

Interview to the Entrepreneurs

Time management

Record Job Presentation. (Is a handicap to speak in front of the other ones but also I know the way to get out the handicap so I try, because is a good activity.

Some coaching

Follow planning: I feel like a little bit surprised about this activity. I don't know how. but I for last activity I was waiting something different

My armour, my weapon: we learned nothing about how to USE our weapons or armours. For example in our social life. Only awareness.

All the activities had some to offer and something new for each person to discover and learn mostly about the self.

The Reflex group because it was with one person only

How tall is Alfred 2

Job interviews; I didn't feel good at it. andalso sometimes when we were coaching, we went too deep...what I didn't like it.

Evaluation was too short, but the method as to use in the beginning and at the end was great

About entrepreneurship: it was a little boring

That we could pass more free time in Vinci- Maybe take a lunch there

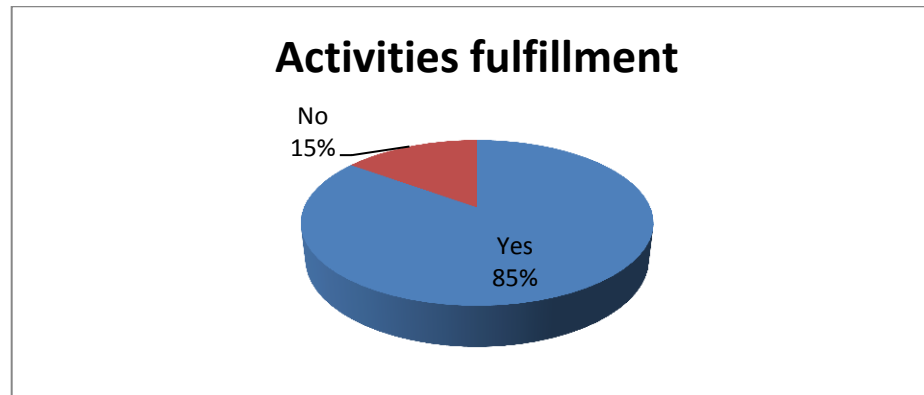
Personal Treasure Map

Record Job presentation

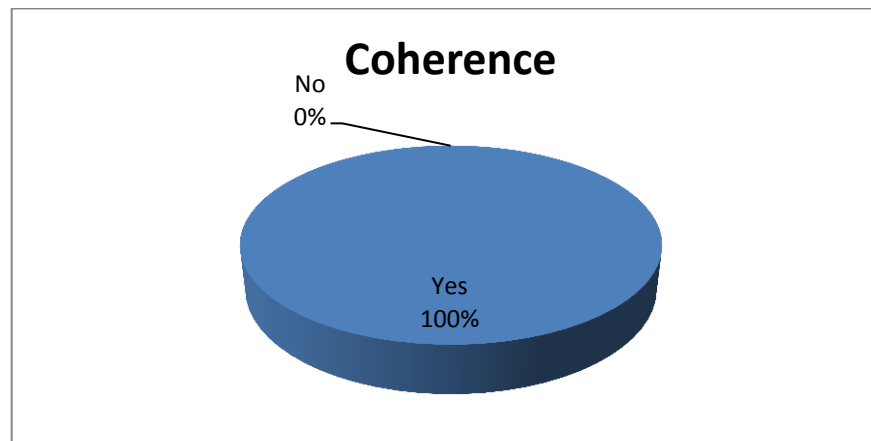
I disliked the record video interview because somehow you are put a pressure on persons that is difficult to manage

Group CV

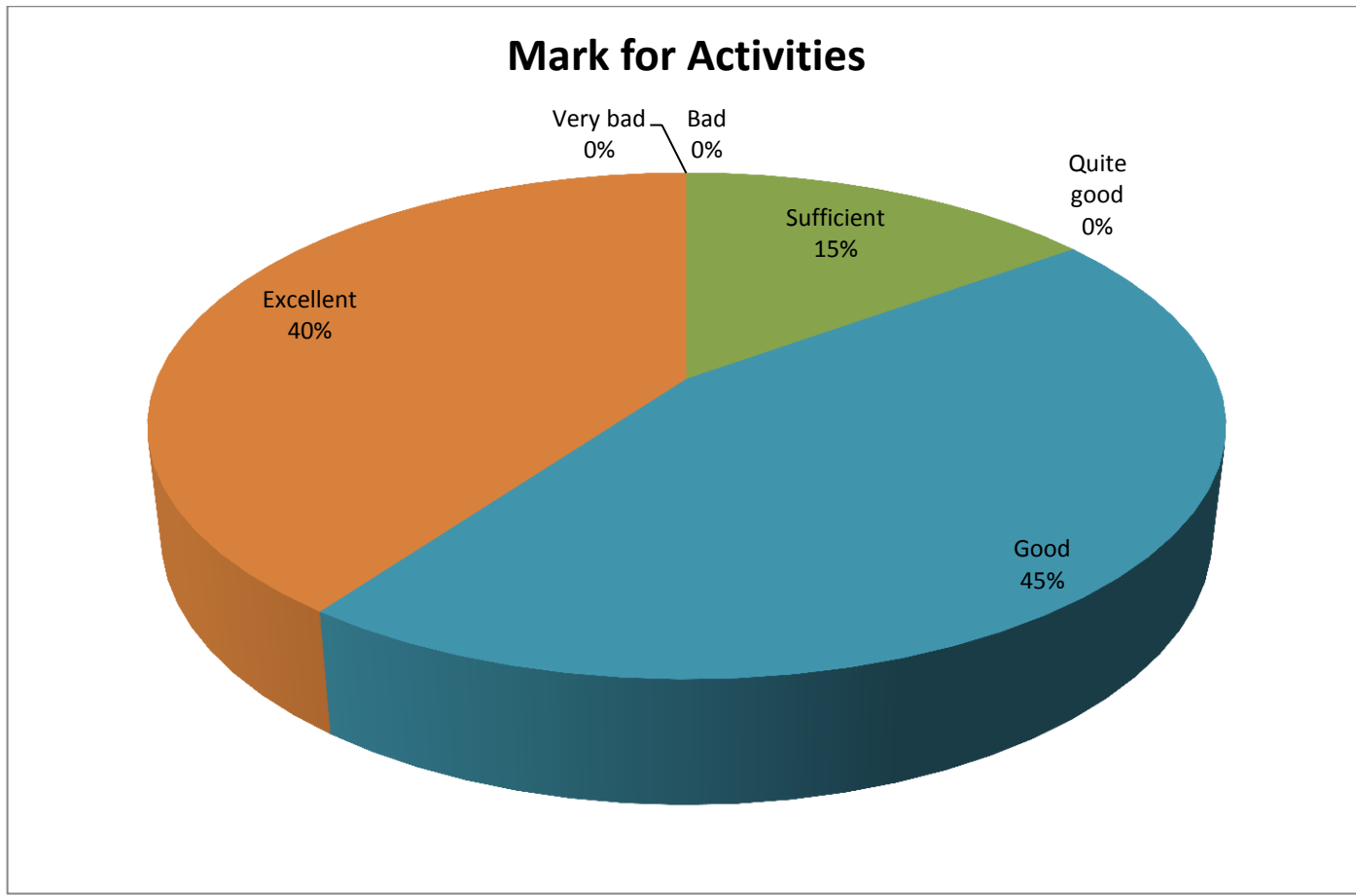
4. Were the activities fulfilling for you?



5. Can you see a coherence in all the activities of the project?

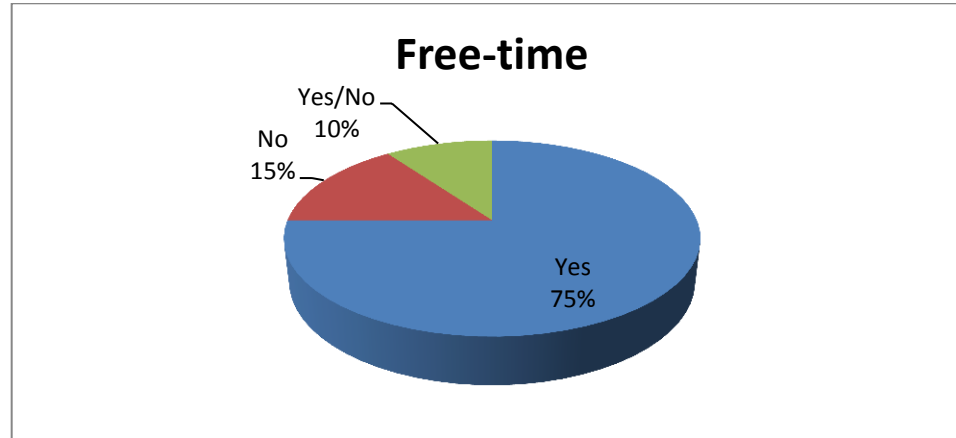


6. A global mark for the whole activities of the project.

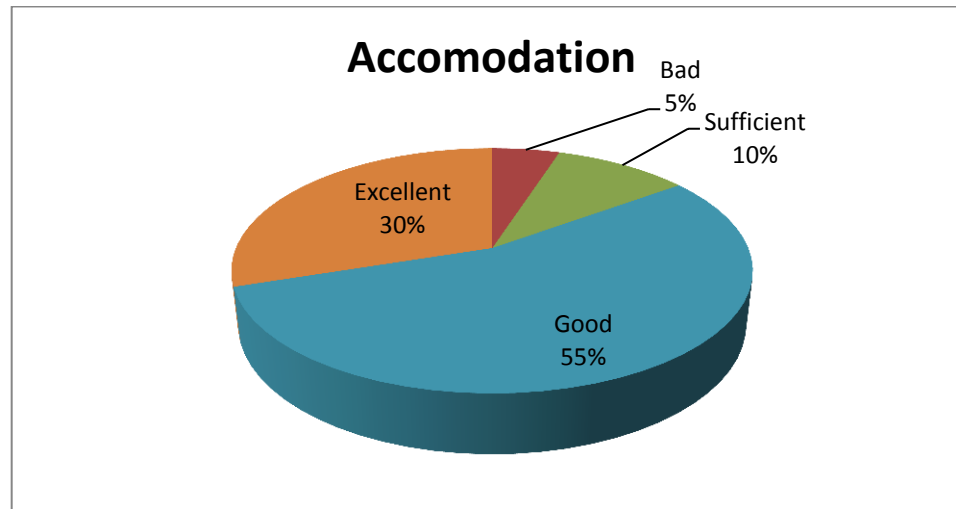


PART II- Project Management

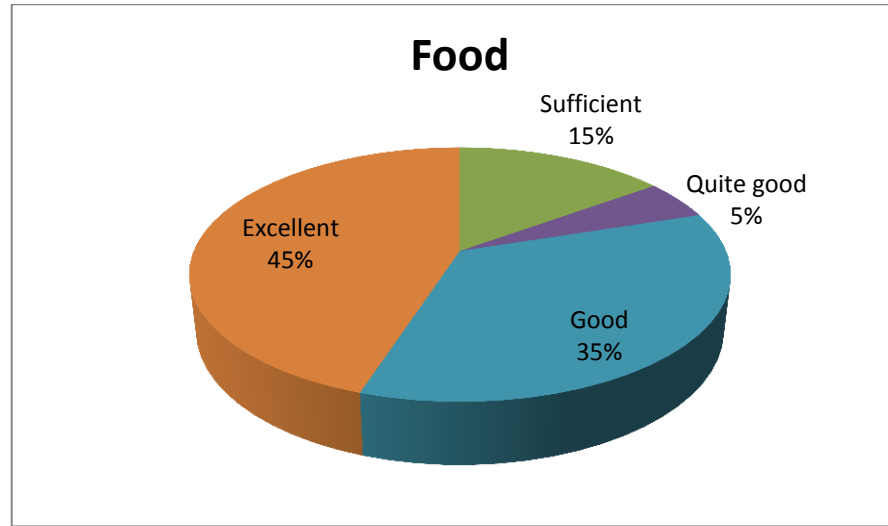
1. Do you think free-time was enough?



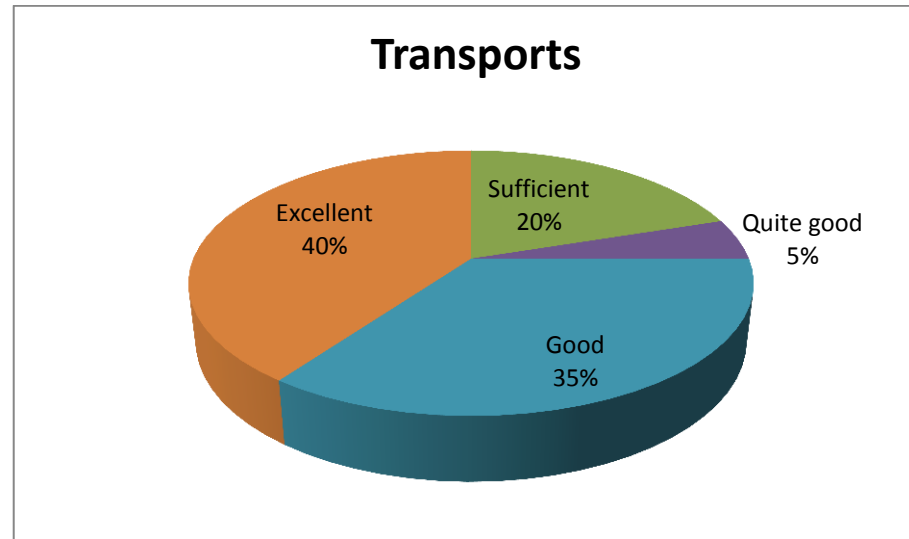
2. Your mark about accomodation



3. Your mark about food



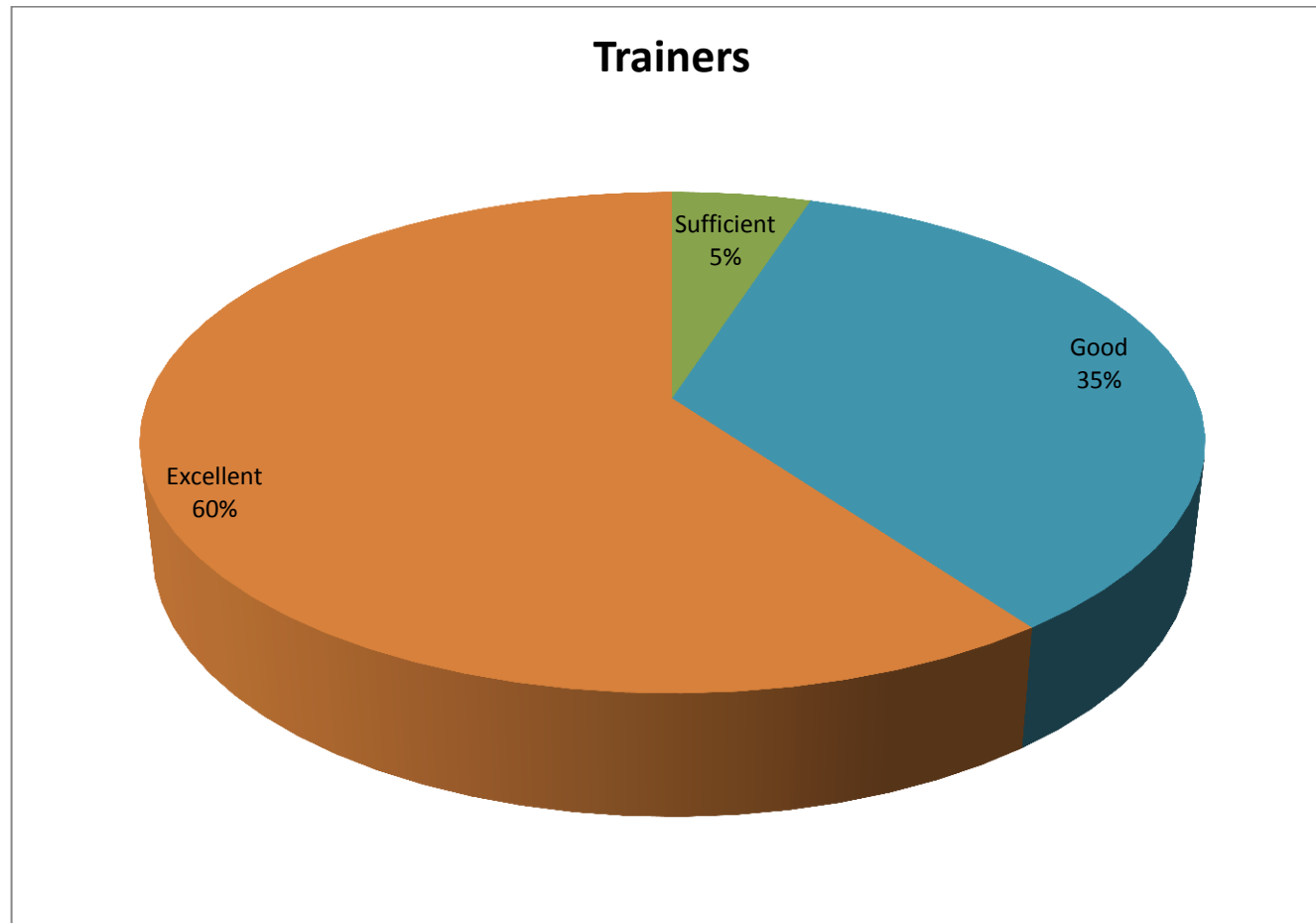
4. Your mark about transports



5. Trainers' facilitation: what you liked and/or disliked about it.

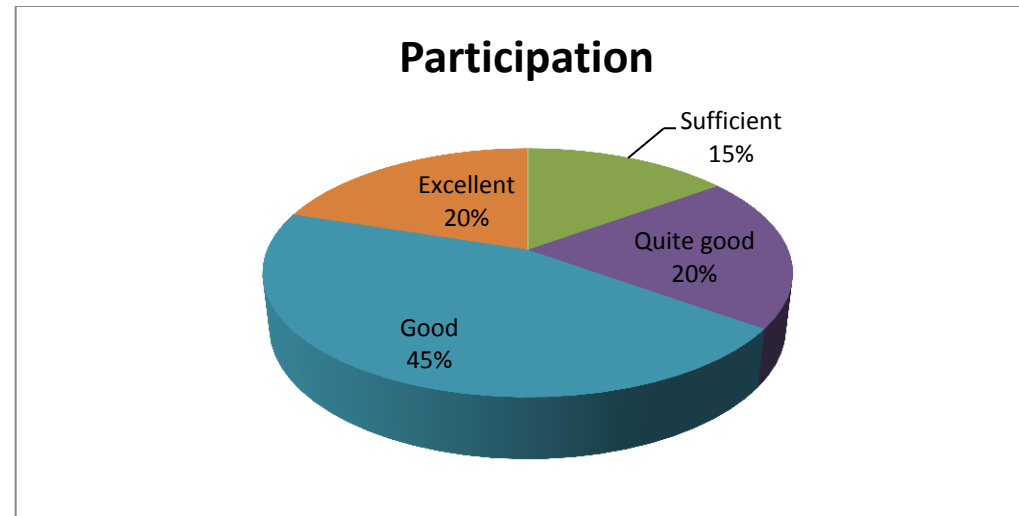
- Friendly and able to create connection
- They were amazing, I liked them. They were ready for the project and they did a good job. The only thing I didn't like that sometimes they let people to go crazy on the activities.
- No bad things to point. Liked-above all- the commitment.
- Was amazing. Fun and serious enough.
- I liked Flexibility, clear, time punctual, energetic.
- Strong connection with Sergio's style but appreciate and understand Laris and Toninho way.
- Perfect except sometimes I would have liked a more creative way of facilitation
- I totally like the way they help us during our route.
- Liked- Empathic nice people
- Very good, non formal, empathic and comfortable/encouraging
- I liked the facilitation style. They are a good communicative, calm.
- Sergio: Energy and positive and funny person- Toninho: Serious, funny and responsible - Laris: Responsible and nice- Maila: Nice and good mood
- The best I know. Very good. Very empathic and friendly They help me in all the moments..
- I have liked all facilitation style of the trainers
- Ok, sometimes missed more strict explanations
- The trainers'facilitation styles was perfect, pai attention of us and tolerant
- Very relaxed people, competent.
- Inspiring and positive people

6. A global mark for the Trainers' style and their activities and project management



PART III – Participation, Relationships and Learning

1. How do you evaluate your own participation and involvement in the project?

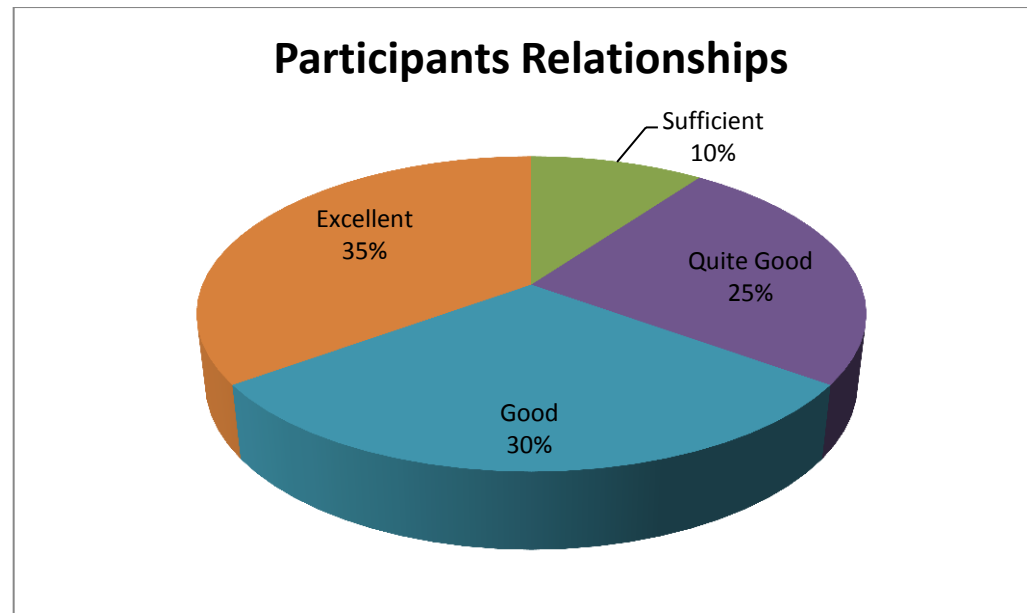


2. What do you think you gave in this project as your own contribution?

- Shared experiences from my country and contributed to group works
- I gave all I had :) I cared very seriously about everything and pushed in it with total open minded
- Joy, happiness, sharing (everything)
- My personal opinion, my experiences
- I think to contribute with a different point of view- different from the general
- Caipirinha, my personal history, my experience and my happiness
- Approach, experience, coaching questions, active listening
- Maybe share some knowledge and give a lot of personal way of thinking/living

- Nothing special
- I think that I don't give enough contribution...I think that this happened because I don't found a really united group
- The people could learn 'cause we are not the same, I'm really a difficult person
- Quite deep look on yourself improvement
- I gave my disponibility, my knowledge, easily was to do things and communicative
- Personality
- My laugh, my good feelings and my interest about people, abut know more about THEM.
- Funny moments, Answers, Active listening. Help. Some knowledges
- Maybe some psychological support to my partner- I don't know really
- Experiences
- The people could have practice their pation on me

3. How could you evaluate the relationships between participants?



4. Do you think in this project you had opportunities to reflect on your skills and competences?

- Yes a lot, Especially on terms of leadership and creativity. Built a lot on coaching and entrepreneurship
- Sometimes yes, because always I don't follow the activities
- Yes, definitely and still it'll work after...
- Yes, of course
- Yes! For example I realized that I can't bore comments if they are bad. And also when something is not happening in the way I want I go crazy. Also my social skills got so much reacher
- Yes
- Yes and also adquire new ones
- Yes I had opportunities but because of personal style I know I will reflect on everything about the project in a later stage- while connecting the dots-
- Yes a lot
- Of course I had opportunities to reflect on my skills and competences and I realized that I really need to improve some of them especially communication skills
- Yes. mostly
- Yes especially the skills I'm missing or in which I am wear
- Yes it is. This kind of project is one of the best choice to reflect on skills and competences. It's practical, dynamic. The theory is most of time connected with a practical way.
- Yes I think so. When I try to create good link between all of us. Take care for the others.
- Yes for sure!
- Definitely! Positive and totally achieved!

5. What's the most important thing(s) you think you have learnt here?

- Coaching Approach
- I learnt that coaching is very difficult and intensive but when is achieved, it is really possible and connected. It's a process of up's and down's but at the end I've stayed pretty aware to look at solutions at a different perspective makes all the difference.
- Know very interesting people. Learn more about how to create one project like this.

- Tolerance, patience, and "enjoy the moment"
- Listening
- If you want to do something, just do it! Action is important to develop your ideas getting a reality
- Some ways of coaching, some forms of it
- Have a lot of objectives and don't know how to overcome them, means have no objectives at all
- Trusting in other people. Follow the leader
- I think that the most important thing I learned is that for improve myself I need to accept the help of other people...and for me sometimes is really hard...I always want to do everything without the help of the others.
- To improve y self-reflection
- It's very useful to take into consideration positive and negative feedback. Very important is to see how others look at my personality and how they come to this conclusions. In this way I realize important things about myself that I wasn't aware of or I needed to be reminded.
- Organizing skills and new tools for job in different countries, enriching coaching tools and an opportunity for implementation
- About coaching: the importance to do the right question
- Social skills can have a huge impact on your life, regardless the kind of person you are.
- Meditating, spend more time with myself. What's are the difference between coach and psychologist. I learnt how to make myself calm and to manage stress
- The powerful of connection
- Be open for new stuff, make the best out of everything and be taff for the own konzept!
- I learnt follow the leader, trusting in it
- Entrepreneurship, coaching skills, Creativity, Leadership skills

6. This activity for me was.....

- Unique, remarkable!
- Interesting, with interesting people
- Would wish that everyone could get it! Get teached
- Amazing
- Perfect for me
- A surprise, good one
- Excellent
- A very useful life experience giving the opportunity through the activities and methods to reflect on yourself and free your perception
- Interesting and very enjoyable
- I can't even find a definition for this activity....right now just: Different
- ..wasn't productive but I learn some new methods, meet other cultures and I think it was very interesting
- I expected something more sometimes
- Discover the soul
- One of the best I was
- Excellent
- A really good opportunity to discover how many good and positive people there are in the world.
- Very motivational to grow up my skills and behaviour
- "A lifetime experience that I'll never forget"
- Pretty nice, calm and also inspiring sometimes

Your global mark for WOW- Winners On Work

